

# **Hypertonic saline SOP**

Further reading

https://bnf.nice.org.uk/drug/sodium-chloride.html Hypertonic saline in TBI. Crit Care 2018



# **Indications**

Signs suggesting raised intracranial pressure (eg. blown pupil, Cushing's triad) due to either traumatic brain injury, suspected subarachnoid haemorrhage or cerebral oedema.

# **Effects and side-effects**

A hyperosmolar therapy that pulls interstitial fluid into the intravascular compartment. Will also temporarily increase blood pressure, stroke volume and cardiac output. May cause a local thrombophlebitis at the site of injection.

#### **Presentation**

500ml plastic bottles of 2.7% sodium chloride

# **Administration**

3mls/kg via slow intravenous injection. May be repeated once if required.

# **Contraindications**

No specific contraindications.